

“Irritation on all levels”

A glimpse into our research process of the homeopathic treatment of Urinary Tract Infection in women in Australia.

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Background

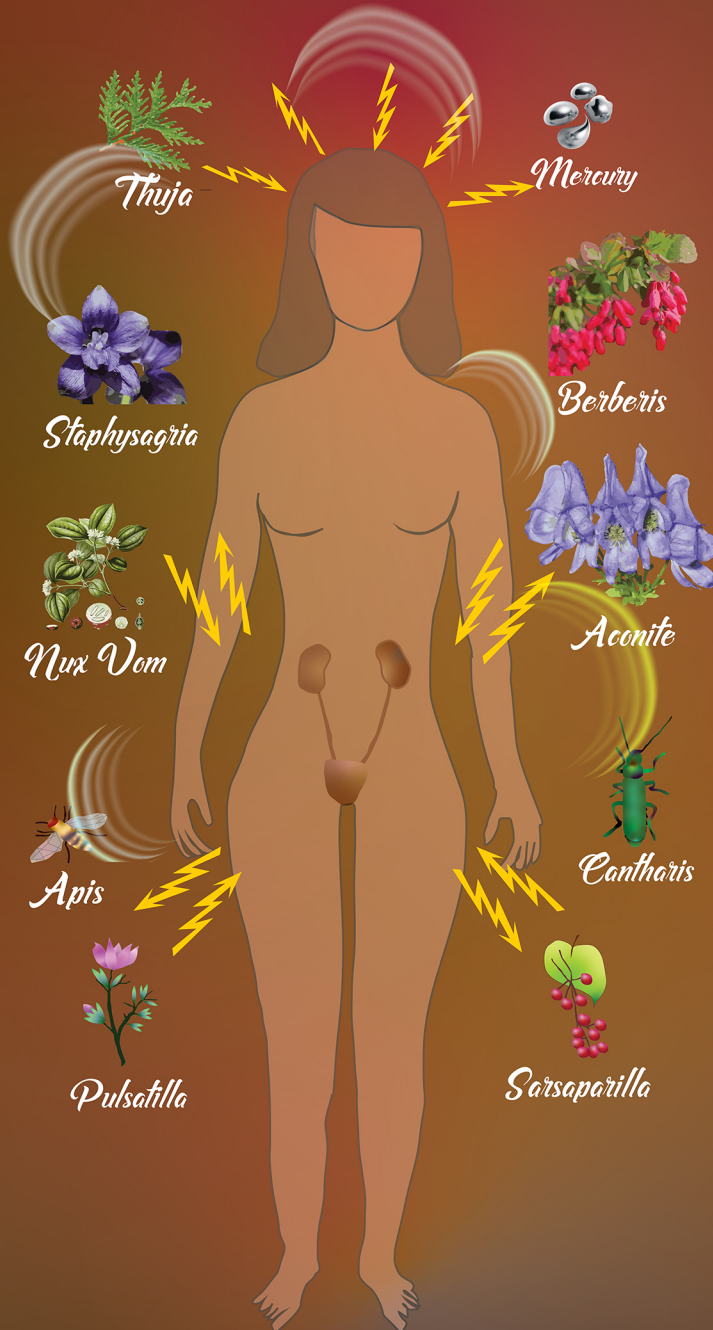
- Urinary Tract Infection (UTI) is a common, debilitating bacterial infection, which can be difficult to treat with conventional treatment.
- 1 in 2 women and 1 in 20 men experience UTI.
- As UTI is often recurrent and increasingly antibiotic-resistant, it poses a public health issue.^{1,2}
- Homeopathy can be a valuable treatment for UTI whilst also preventing recurrence.³
- Along with physical discomfort, emotional and mental symptoms are also frequent.^{4,5}
- Several case studies of homeopathic treatment have been published, although none in Australia.⁶

Aim

- To explore the impact of homeopathy on the mental-emotional-physical symptoms of UTI, and the duration of UTI.

Method

- Retrospective case series analysis.



Inclusion criteria for cases

- Women aged 18+ years diagnosed with UTI or experiencing UTI symptomatology.
- Clear mental, emotional and physical symptomatology recorded in notes.
- Treated with homeopathy by registered homeopaths, ensuring a level of professionalism.
- Cases within the last five years with at least one follow up.
- Clients have not used antibiotics for two weeks prior to their first homeopathic consultation⁹
- Any other non-homeopathic treatments recorded in the notes will be included.
- All cases subject to HOMCare protocol.^{7,8}

Interim results

- Expression of interest form designed.
- Two cases submitted to confirm methodology/protocol.
- Retrospective case study ethics being sought.

Next steps

- Conduct retrospective case study and publish results.
- Undertake prospective study.

References

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