

# Is Homeopathy a Viable Treatment Option for Molluscum Contagiosum?

Dr Sujata Naik, Dr Runali Kelwalkar, Dr Sayali Tilak, Linlee Jordan, Dr Celeste Salter

## BACKGROUND

Molluscum contagiosum (MCV) is a benign and self limiting viral infection with majority prevalence in children. Parents seek treatment for MCV for the following reasons:

- Embarrassment/discomfort from cosmetic disfigurement
- Fear of risk of transmission and spread of lesions.

Reluctance and anxiety regarding common destructive therapies may necessitate seeking safer and more palatable treatment options including Homeopathy.

## AIMS

Primary objective: To explore the use of homeopathy for MCV.

Secondary objective: To assess the benefit of Homeopathy in amelioration of seemingly unrelated ailments during treatment for MCV.

## METHODS

Retrospective analysis of paediatric MCV cases presenting after 2010, from Dr. Sujata Naik's Homeopathy Clinic, India and The Harbord Homeopathic Clinic, Sydney.

Patients' presenting symptoms were recorded in detail.

Confidentiality of patient data was maintained throughout the study.

### Inclusion Criteria:

Diagnosed Paediatric cases of MCV in the age group 0 months to 14 years, both sexes

### Exclusion Criteria:

- Patients who are currently on conventional treatment for MCV.
- Patients on immunosuppressive therapy.
- Patients presenting with diagnosed concurrent symptoms of Atopic Dermatitis.

### Assessment Criteria:

- Progression of symptoms (if any).
- Time taken for resolution of lesions.
- Amelioration of seemingly unrelated ailments viz. Hyperactivity, anxiety disorders, recurrent respiratory allergies, nocturnal enuresis and dentition related issues.

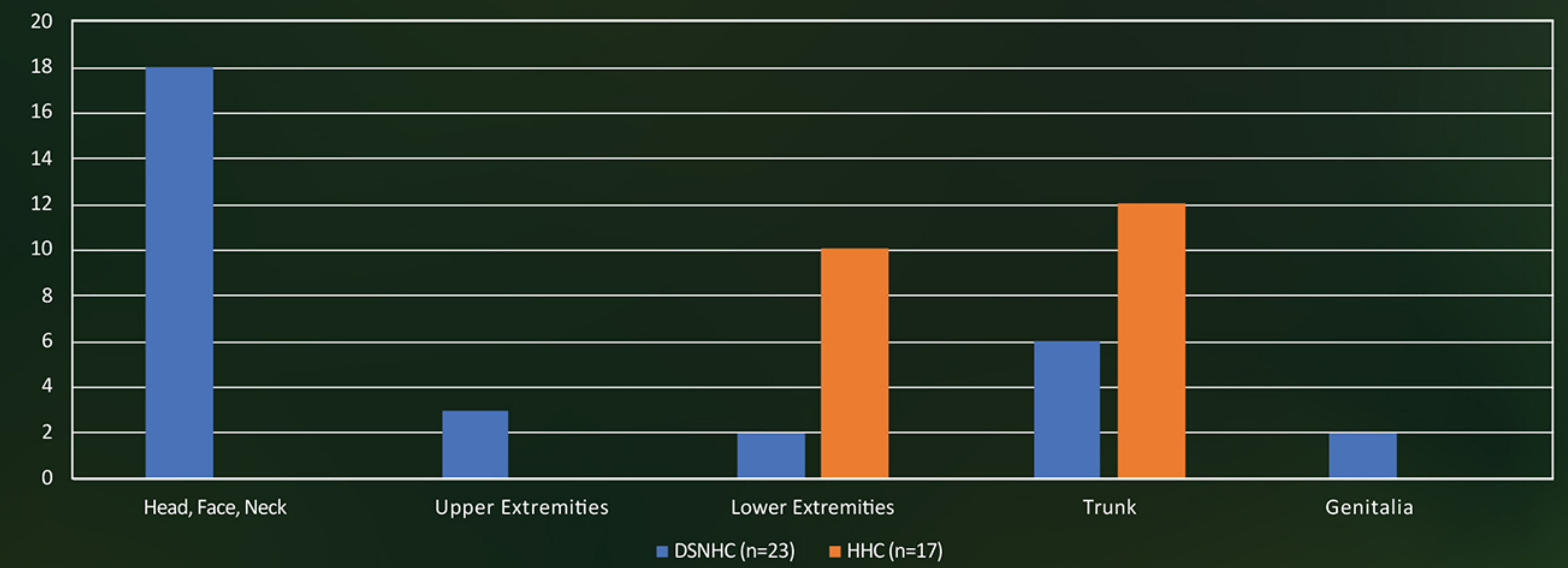
## CONCLUSION

The reflected trends in the above study necessitate exploring homeopathy as a treatment option for MCV, mainly for the following reasons:

- Time for resolution of lesions with homeopathic treatment has been observed to be significantly less than that taken for self-resolution.
- Simultaneous amelioration of symptoms in seemingly unrelated ailments has been observed with the indicated homeopathic remedy for MCV.

A larger scale prospective study is warranted to determine replication of findings.

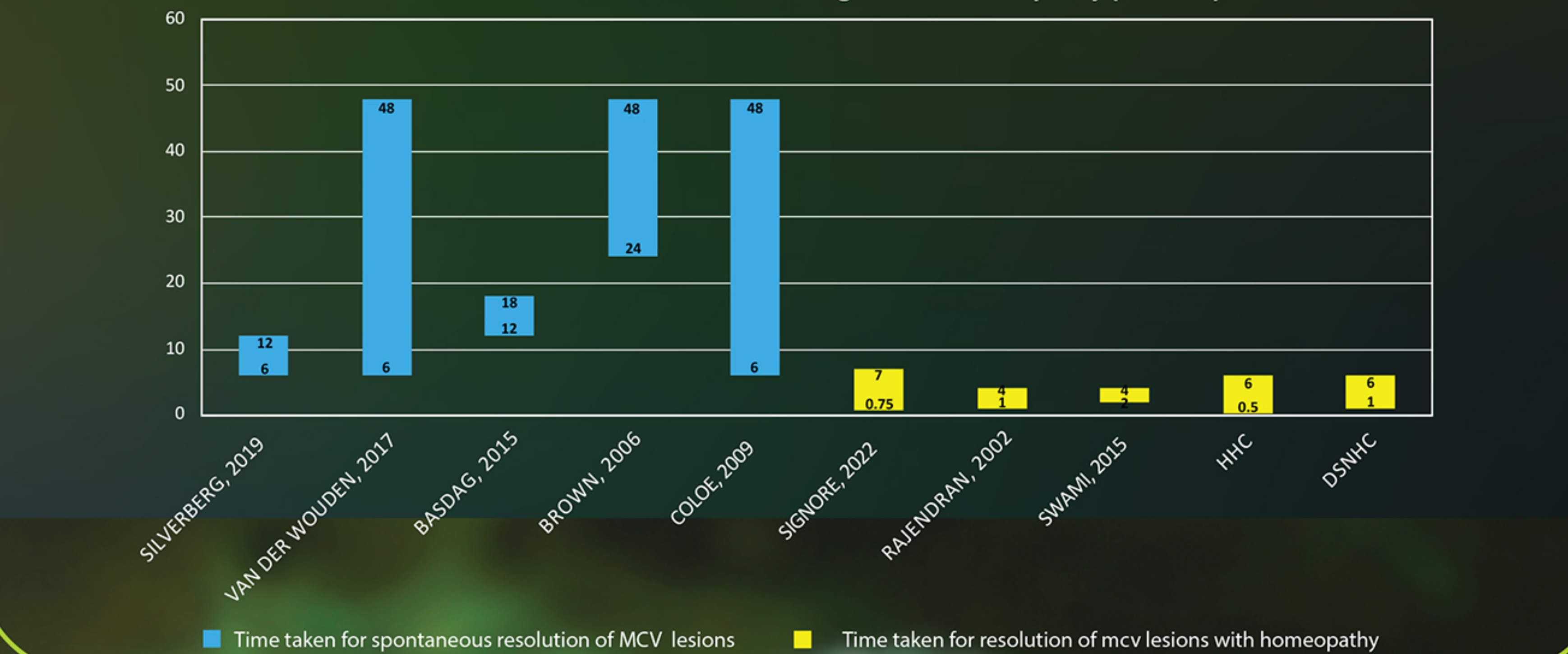
Number of cases and sites of lesions of MCV



Amelioration with homeopathy in seemingly unrelated ailments



MCV - Resolution time: Self limiting versus Homeopathy (months)



## CASE IMAGES & REFERENCES

Before and after case images of paediatric MCV from Dr Sujata Naik's Homeopathy Clinic, India.



### References:

- van der Wouden JC et al. Interventions for cutaneous molluscum contagiosum. Cochrane Database Syst Rev. 2017 May 17;5(5):CD004767.
- Signore R 2022. Homeopathy and Molluscum Contagiosum: Treatment of Paediatric Molluscum Contagiosum with Classical Homeopathic Medicine: A Case Series. AJHM 115 (2): 8-11

