

Determining the quantity and focus of homeopathy research activity in Australia: A systematic literature review



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Background

- Homeopathy publications in Australia have increased in the last years, despite the 2015 NHMRC report.¹
- However, the nature and extent of this literature is unknown.
- The Australian Research Priorities 2018 report identified the need to summarise these homeopathy publications.²
- Therefore, a comprehensive systematic scoping review was conducted (PROSPERO registration: CRD42020207040).

Method

Search Strategy

- Online databases were searched (OVID Medline, Embase, PsycINFO, PsycArticles, CINAHL, Web of Science, Pubmed and Cochrane Library) between 1990 until December 2022.
- Furthermore, in a Hand Search, eligible papers from Similia Journal were screened between 2005 until December 2022.

Search Terms

 1) homeop* or homoeop* or homoeop* AND 2) Austral* or Australian Capital Territory or New South Wales or Northern Territory or Queensland or South Australia or Tasmania or Victoria or Western Australia.

Eligibility of Papers

- Inclusion Criteria: peer-reviewed research studies in homeopathy conducted in Australia and published in English since 1990.
- Exclusion Criteria: not about homeopathy, not written or conducted in Australia, and any editorials, book reviews, opinions or conference reviews.

Screening Process

 Two reviewers independently undertook screening, data extraction and quality assessment with disagreements resolved through discussion with the third reviewer.

Guidelines Followed

 Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA).⁴

Aims

- To determine the quantity, categorisation and focus of peerreviewed research papers on homeopathy in Australia.
- To gain a deeper understanding of research conducted about homeopathy in Australia.

Studies Research with Participants Discussion Provinas Philosophy Classification of Papers Materia Combined Discussion Case Studies Materia Medica 6 Research w/Particip **Provings** Combined

Ratings Tools

Tools³ were used to assess papers:

- RCT: Standard Quality
 Assessment Criteria for Evaluating
 Primary Research Papers from a
 Variety of Fields.
- Non RCT: Methodological index for non-randomised studies (MINORS).
- Provings: Critical Appraisal Skills Program (CASP) Qualitative studies checklist
- Case series reports: JBI Critial Appraisal Checklist for Case Series.
- Case reports with one subject: JBI Critical Appraisal Checklist for Case Reports.
- A rating tool was also developed by the study authors to assess materia medica, philosophy, history and discussion and narrative papers.

Results

After removing duplicates, 1431 papers were screened of which 57 papers were classified in these categories: Case studies=6, Discussion=9, Materia Medica=7, Provings=4, Research with Participants=10, Philosophy=1, Combined=20 (History=1, Lab=1, Practice Development=1, Homeoprophylaxis=17).

Hand Searched Papers

The peer-reviewed Australian Journal Similia, rarely came up in the search results (3 instances in 57). Therefore, a hand search of Similia was conducted, which found 96 papers in these categories: Case studies =30, Discussion=7, Materia Medica=7, Provings=8, Research with Participants=3, Philosophy=22, Combined=19 (History=9, Practice Development=9, Review=1).

Conclusion & Future Work

This review highlighted the relatively high number of papers, including diverse provings unique to Australia with a richness of the narrative writing style which is exclusive to homeopathy.

Publications of Australian homeopathy research literature are growing.

Next steps involve a quality appraisal of the included articles.







Philosophy

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Hand Searched Papers

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- NHMRC Information Paper: Evidence on the effectiveness of homeopathy for treating health conditions. Capherra: National Health and Medical Research Council: 2015
- Research Priorities Working Group. Australian Research Priorities in Homeopathy, 2019.
 The Aurum Project. Brookvale NSW. 2100.
- The Aurum Project, Brookvale NSW, 2100.

 3. UNISA. Critical Appraisal Tools. Available from: https://unisa.edu.au/research/
- allied-health-evidence/resources/cat/

 4. Page et al. The PRISMA 2020 statement: an updated guideline for reporting systematic



The Aurum Project is the peak body for Homeopathic Research in Australia. 107/20 Dale Street Brookvale NSW 2100 Australia 612 9905 9415 https://aurumproject.org.au info@aurumproject.org.au Graphic desian: Michael Cowdroy AP IT Manag