

HOMEOPATHY – THE FACTS & STATISTICS FOR MEDIA & JOURNALISTS

Fact 1 – **Hippocrates ‘The Father of Medicine’** of Ancient Greece said there were two Laws of Healing: The Law of Opposites and the Law of Similars. Homeopathy treats the patient with medicines using the Law of Similars, orthodox medicine uses the Law of Opposites, e.g. antibiotics, anti-inflammatories, anticonvulsants, antihypertensives, anti-depressants, anti-psychotics.

Fact 2 - **Homeopathic theories are based on fixed principles of the Laws of Nature which do not change** -- unlike medical theories which are constantly changing!

* Fact 3 - Homeopathy is an evidence-based, empirical medicine.

* Fact 4 - Homeopathy is both an art and a science.

* Fact 5 - The Homeopathic provings of medicines are a more scientific method of testing than the orthodox model.

* Fact 6 - **Homeopathic medicine awakens and stimulates the body's own curative powers. The potentized remedy acts as a catalyst to set healing into motion.**

* Fact 7 - Homeopathic medicines work by communicating a current/pattern/frequency of energy via the whole human body to jump start the body's own inherent healing mechanisms.

* Fact 8 - **Homeopathy assists the body to heal itself, to overcome an illness which brings the patient to a higher level of health. Orthodox medicine suppresses the illness, bringing the patient to a lower level of health.**

* Fact 9 - The homeopathic practitioner endeavours to search for and treat the cause of the disease in order to heal the effect.

* Fact 10 - Outcomes of homeopathic treatment are measured by the long term curative effects of prescribing and complete eradication of the disease state.

* Fact 11 - The homeopathic practitioner treats the whole person, believing all symptoms are interrelated and seeks to select a medicine which most closely covers them all.

Homeopathic Medicines

* Fact 12 - Homeopathic remedies are cheap.

* Fact 13 - Pharmaceutical medicines are relatively expensive.

* Fact 14 - There are more than 4,000 homeopathic medicines.

* Fact 15 - Homeopathic medicines have no toxic side-effects.

* Fact 16 - Homeopathic medicines are non-addictive.

Application in epidemics

Fact 17- **Epidemics such as cholera and typhoid were treated successfully using homeopathy in the 19th century with very high success rates, compared to orthodox medicine** (<http://www.whale.to/v/winston.html>) .

Orthodox Medicine Opposing Homeopathy

* Fact 18 - In the United States in the early 1900s there were 22 homeopathic medical schools and over 100 homeopathic hospitals, 60 orphanages and old people's homes and 1,000+ homeopathic pharmacies.

* Fact 19 - Members of the American Medical Association had great animosity towards homeopathy after its formation in 1847 and it was decided to purge all local medical societies of physicians who were homeopaths.

* Fact 20 - Big Pharma does not want the Public to find out how well homeopathy works!

Scientific Studies

* Fact 21 - **In 2005 the World Health Organisation brought out a draft report which showed homeopathy was beneficial causing Big Pharma to panic and *The Lancet* to bring out an editorial entitled 'The End of Homeopathy'**.

* Fact 22 - In 2005 *The Lancet* tried to destroy homeopathy but were only looking at 8 inconclusive trials **out of 110 of which 102 were positive**. This was a fraudulent analysis.

"The meta-analysis at the centre of the controversy is based on 110 placebo-controlled clinical trials of homeopathy and 110 clinical trials of allopathy (conventional medicine), which are said to be matched. These were reduced to 21 trials of homeopathy and 9 of conventional medicine of 'higher quality' and further reduced to 8 and 6 trials, respectively, which were 'larger, higher quality'. The final analysis which concluded that 'the clinical effects of homeopathy are placebo effects' was based on just the eight 'larger, higher quality' clinical trials of homeopathy. The Lancet's press release did not mention this, instead giving the impression that the conclusions were based on all 110 trials." (<http://www.pubmedcentral.nih.gov/articlerend...>)

* Fact 23 - There have been many clinical trials that prove homeopathy works. In the past 24 years there have been more than 180 controlled, and 118 randomized, trials into homeopathy, which were analysed by four separate meta-analyses. In each case, the researchers concluded that the benefits of homeopathy went far beyond that which could be explained purely by the placebo effect.

* Fact 24 - **The Bristol Homeopathic Hospital carried out a study published in November 2005 of 6500 patients receiving homeopathic treatment. There was an overall improvement in health of 70% of them** (<http://news.bbc.co.uk/1/hi/england/bristol/4...>) .

* Fact 25 - Homeopathy can never be properly tested through double blind randomised trials because each prescription is individualised as every patient is unique. Therefore 10 people with

arthritis, for example, may all need a different homeopathic medicine.

* Fact 26 - Homeopathic medicines are not tested on animals.

* Fact 27 - Homeopathic medicines work even better on animals and babies than on adults, proving this cannot be placebo.

* Fact 28 - Scientists agree that if and when homeopathy is accepted by the scientific community it will turn established science on its head.

Homeopathic Practitioners

* Fact 29 - Homeopathic Practitioners train for 4 years in Anatomy and Physiology, as well as Pathology and Disease, Materia Medica, Homeopathic Philosophy and study of the Homeopathic Repertory.

* Fact 30 - Most homeopaths treat patients who have been referred to them by word of mouth. Most patients seek out homeopathy because conventional treatment has not benefited them or because it poses too great a risk of side-effects.

* Fact 31 - The homeopathic community has thousands, even millions, of written case notes that demonstrate the positive benefits of their treatment. Some homeopaths have video proof of their patients before and after treatment.

Popularity of Homeopathy

* Fact 32 - The popularity of homeopathy has grown in the past 30 years, its revival entirely through word of mouth and estimated to be growing at more than 20% a year the world over.

* Fact 33 - Hundreds of famous people throughout the past 200 years have enjoyed the benefits of homeopathic medicine (www.homeopathicrevolution.com).

* Fact 34 - The aristocratic patronage of homeopathy in the U.K. extended well into the 1940s and beyond can be easily demonstrated. In the Homeopathic Medical Directories there are lists of patrons of the dispensaries and hospitals. They read like an extract from Burke's or Debrett's.

* Fact 35 - The Royal Families of Europe use homeopathic medicine and Queen Elizabeth II of England never travels anywhere without her homeopathic vials of medicine.

* Fact 36 - Homeopathy is practised nowadays in countries all over the world. In India there are 100 homeopathic medical schools and around 250,000 homeopathic doctors.

* Fact 37 - The media as a whole has been unwilling to air a defence of the efficacy of homeopathy and the validity of this 250 year old profession – Thank you for breaking the silence!